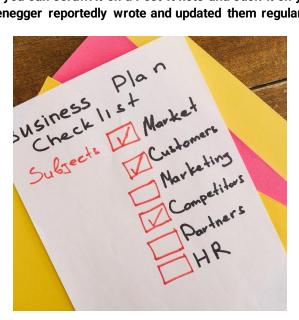
# 5 Surprising Habits that Successful Entrepreneurs Practice

That You Can Start Now!

#### **Write Down Goals**

Make a list of goals. Put it where you can see it every day and update it regularly. It doesn't need to be huge or detailed. In fact, you can scrawl it on a Post It note and stick it on your fridge. Arnold Schwarzenegger reportedly wrote and updated them regularly.



## Mediate

Many hugely successful businesspeople meditate daily. Meditation helps clear the mind, alleviate anxiety and is helps in visualization. Mediation also helps the mind rewire itself, vital for "out-of-the-box" thinking. LinkedIn - CEO Jeff Weiner, Radio Personality - Howard Stern, Actor/politician - Clint Eastwood and Entrepreneur - Sir Richard Branson, are all reported to mediate regularly.



## **Practice Philanthropy**

Studies have shown that entrepreneurs give, on average, 50% move to charitable causes than non-entrepreneurs1. There is no question that philanthropic giving and projects add value to their personal brand, but that's not the only reason to give. Improving a community in which your factory is located, for instance, improves the quality of life for current and future employees improving corporate culture. And let's face it, giving feels good. Famous philanthropic entrepreneurs include, Bill and Melinda Gates, Warren Buffett and Jeff Bezos.



## Choose a Mentor.

Tony Robbins famously said, "If you want to be successful, find someone who has achieved the results you want and copy what they do, and you'll achieve the same results."





## **Treat Staff Like Clients.**

"Your employees are your company's real competitive advantage. They're the ones making the magic happen-so long as their needs are being met." Entrepreneur Richard Branson.

Treating you staff like first class clients just makes sense. Satisfied staff, take fewer sick days and create higher output. Satisfied staff are also more likely to stay longer meaning lower turnover and fewer training expenses.

